

THE SHRIRAM
BULLETIN
Monthly News Letter
EDITION: NOV-2024



THE SHRIRAM BULLETIN

Monthly News Letter

EDITION: NOV-2024

TRAINING SESSIONS:-Session on Unlocking the Secrets of Body Language

A session was conducted for the students of MBA I and III on 'Unlocking the Secrets of Body Language' on 04 November 2024 in the Smart Room .The Pilot Faculty Prof Alka Chaturvedi, Dean -Training and development, highlighted the strategies for professional outlook. She emphasized on the use of Eye-contact , gestures and postures and talked about the various body languages used in day to day life .She also focused on various handshakes . The session included role plays , quiz ,Q/A round etc. The students enjoyed the session and learnt with activities. Around 60 students benefitted from the session.

“ Personal development is a major time-saver. The better you become. the less time it takes you to achieve your goals”


BRIAN TRACY

Session -'The What's, Why of Group Discussion'

An insightful session at Shriram Institute of Information Technology on 'The What's, Why of Group Discussion' for MBA I Semester students was conducted by Prof Alka Chaturvedi ,Dean raining and Development SRGOC.Thus enhancing communication, leadership, critical thinking and analytical skills for future leaders! Around 62 students benefitted from the session.

SRIIT SHRIRAM INSTITUTE OF INFORMATION TECHNOLOGY
National Expressway, A.B. Road, Banmore Near Gwalior (M.P.)


Highlights of
Successful completed a session on
**Unlocking the Secrets of
Body Language**



Pilot Faculty **Prof. Alka Chaturvedi**
Dean Training and Development .

9109035202, 9755265202 www.shriraminstitute.ac.in

SRIIT SHRIRAM INSTITUTE OF INFORMATION TECHNOLOGY
National Expressway, A.B. Road, Banmore Near Gwalior (M.P.)



Glimpses of
Today's Session on
The What's, Why of Group Discussion
MBA I Sem Students

9109035202, 9755265202 www.shriraminstitute.ac.in

THE SHRIRAM
BULLETIN
 Monthly News Letter
EDITION: NOV-2024

PROUD MOMENTS :-The Nodal Yoga tournament was successfully completed at Shriram Institute of Information Technology!
 Congratulations to all participants and winners for showcasing dedication and excellence in yoga. Kudos to their mentor Prof. Govind Sharma.

SRIIT
SHRIRAM INSTITUTE OF INFORMATION TECHNOLOGY
 National Expressway, A.B. Road, Banmore Near Gwalior (M.P.)

Highlights of Successful completed RGPV Gwalior Nodal Yoga Tournament

☎ 9109035202, 9755265202 🌐 www.shriraminstitute.ac.in

SRIIT **SHRIRAM INSTITUTE OF INFORMATION TECHNOLOGY**
 National Expressway, A.B. Road, Banmore Near Gwalior (M.P.)

Congratulations TEAM SRIIT

RGPV Gwalior Nodal Chess Winner

☎ 9109035202, 9755265202 🌐 www.shriraminstitute.ac.in

“Winners - Cricket”!

Congratulations to the RGPV Gwalior Nodal Cricket Boys on emerging as WINNERS! Your hard work and team spirit have brought glory to the institute. Here's to more victories ahead!

SRIIT **SHRIRAM INSTITUTE OF INFORMATION TECHNOLOGY**
 National Expressway, A.B. Road, Banmore Near Gwalior (M.P.)

Heartiest Congratulations SRIIT CRICKET BOYS TEAM
 Winners of RGPV Nodal Level Cricket Tournament 2024

Special Thanks to **Mr. Govind Sharma**
 Sports Officer and Head Spandan Club, SRGOC

☎ 9109035202, 9755265202 🌐 www.shriraminstitute.ac.in

“Celebrating Victory! Team SRGOC wishes Heartiest congratulations to the SRIIT Chess Team for winning the RGPV Nodal Level Chess Tournament 2024. Aleesha Pachouri, Kmkum Verma, Poorvi Sharma and Aastha. Your dedication and hard work have paid off! Special thanks to Mr. Govind Sharma for his support.

THE SHRIRAM
BULLETIN
 Monthly News Letter
EDITION: NOV-2024

"Glimpses from the 4-Day Internet of Things "
 A Four-Day Training Program on "Internet of Things" was led by Prof. Sandeep Singh (Head Technical Trainer) for the student of third and fourth year. It was organized by the CSE/AIDSE Department. Around 50 students benefitted from the session.

SRIIT
SHRIRAM INSTITUTE OF INFORMATION TECHNOLOGY
 National Expressway, A.B. Road, Banmore Near Gwalior (M.P.)

Glimpses of
4 Days Training Program on
INTERNET OF THINGS

Trainer **Prof. Sandeep Singh**
 (Head Technical Trainer)

Organised By- **CSE/AIDSE Department.**

☎ 9109035202, 9755265202 🌐 www.shriraminstitute.ac.in

SRIIT
SHRIRAM INSTITUTE OF INFORMATION TECHNOLOGY
 National Expressway, A.B. Road, Banmore Near Gwalior (M.P.)

Highlights of
Successful Completion of a 4-day Workshop on
Implementation of Data Science
in the Real World!

Trained By **Harshil Bansal**

☎ 9109035202, 9755265202 🌐 www.shriraminstitute.ac.in

Engaging and productive Parent-Teacher Meeting

An engaging and productive Parent-Teacher Meeting was held at ShriRam Institute of Information Technology, fostering meaningful dialogue for student growth and academic excellence. The faculty members handled the queries of the parents.



Glimpses of
श्रीराम अभिभावक मंच
Parent-Teacher Meeting

Organised by: Department of Commerce and Management Studies, SRIIT

☎ 9109035202, 9755265202 🌐 www.shriraminstitute.ac.in

"Implementation of Data Science in the Real World"

A 4-day workshop on "Implementation of Data Science in the Real World" was successfully conducted at Shriram Institute of Information Technology, Banmore. It was Led by the expert Harshil Bansal, Data science expert. The event empowered students with practical insights and real-world applications of data science. Around 55 students benefitted from the session. The coordinator of this event was Prof. Aditi Bhardwaj.

THE SHRIRAM BULLETIN

Monthly News Letter
EDITION: NOV-2024

Glimpses of *Techno पर्य* 2K24

"Tech enthusiasts united:- Students Techno Parv Technoparv 2K24, a highly awaited technical fest, was successfully organized at the Shriram College campus on 28th November 2024. It was conducted by Mr. C.S. Verma, Research Scientist, DRDE Gwalior. Kudos to the Department of ECE at SRIIT for organizing this incredible gathering of innovation and knowledge. Around 130 Students Participated in it. The event brought together pioneering minds from schools and colleges to showcase their creativity and technical expertise. The event aimed to foster creativity, technical skills, and innovation among young minds. A dynamic technical event brought together students from various schools and colleges to exhibit their talent and technical acumen across three thrilling competitions: The main attractions that captured everyone's interest were :

“Prakalp” : A Model Presentation

“Prastuti” : A Poster Presentation

“Robozone” : Robo Race

Congratulations to team ECE Department and their HOD for such a grand event .

Here are some glimpse's of Techno पर्य 2K24



THE SHRIRAM
BULLETIN
 Monthly News Letter
EDITION: NOV-2024

Acceptance: Book proposal accepted by Bentham Science
 We are thrilled to announce that our book on "**Protecting Public Health: addressing Liver Disease in Welfare Programs**" has been accepted by Bentham Science. The Coordinators are Mr. Ravindra Mishra ,Dr. Vinay Jain and Ms Harsha Rathor. Authors who have H-index more than 10 are invited for writing chapters in this splendid book.

Call for Book Chapters Scopus
BENTHAM SCIENCE
"Protecting Public Health: Addressing Liver Disease in Welfare Programs":
Topic of Interest

1. "Silent Epidemic: Uncovering the Hidden Burden of Liver Disease"
2. "From Risk to Resilience: How Welfare Programs Can Transform Liver Health"
3. "Bridging the Gap: Connecting Public Welfare and Hepatic Care"
4. "The Socioeconomic Impact of Liver Disease: Breaking the Cycle"
5. "Early Interventions: Catching Liver Disease before it's Too Late"
6. "Equitable Care: Ensuring Access to Liver Treatments for All"
7. "The Role of Nutrition: Fighting Liver Disease through Food Security"
8. "Alcohol and the Liver: Public Welfare's Role in Harm Reduction"
9. "Best Practices: Innovative Approaches to Liver Health in Welfare Programs"
10. "Policy Blueprints: Designing Welfare Programs for Liver Disease Prevention"
11. "Community and Care: Mobilizing Local Resources for Liver Health"
12. "Overcoming Stigma: Changing Perceptions of Liver Disease in Public Health"
13. "Data-Driven Decisions: Using Analytics to Improve Liver Health Outcomes"
14. "The Road Ahead: Future-Proofing Public Welfare against Liver Disease"

Authors are requested to submit their original work on: mishraravindra1412@gmail.com, Chapters that are written should be plagiarism free. H index >10

Dr. Ravindra Mishra
 Associate Professor
 ShriRam College of Pharmacy,
 Banmore, Morera, Madhya Pradesh, India, 476444

Dr. Vinay Jain
 Professor & Principal
 ShriRam College of Pharmacy,
 Banmore, Morera, Madhya Pradesh, India, 476444

Dr. Salahuddin Mohammed
 Professor
 Mera Center Maryland
 University, USA

Ms. Harsha Rathore
 Assistant Professor
 ShriRam College of Pharmacy,
 Banmore, Morera, Madhya Pradesh, India, 476444

Important Dates:
 Abstract Submission Date: 10th Dec. 2024 | Full Chapter Submission: 15th Dec. 2024 | Review by Editor: 15th Jan. 2025
 Accepted/Rejection: 15th Dec. 2024 | Review in Editor: 15th Feb. 2025

There are no processing/ publication charges

BENTHAM SCIENCE
Call for Book Chapters Scopus
Balancing Act: Managing PCOD in the Modern Workplace
Scope of the Book

Navigating the complexities of Polycystic Ovarian Disorder (PCOD) while striving to succeed in today's demanding work environment is a journey marked by resilience, adaptability, and an unyielding pursuit of balance. As women, we are often expected to seamlessly juggle the demands of our careers, personal lives, and health. For those living with PCOD, this balancing act can become even more challenging, as the condition's physical, emotional, and psychological effects intertwine with the pressures of a modern workplace.

When I first began exploring the impact of PCOD on women's careers, I was struck by the profound yet often unspoken struggles faced by many. PCOD is more than a medical condition; it's a multifaceted challenge that affects various aspects of life. From dealing with fluctuating hormones and chronic fatigue to managing stress and maintaining a professional image, women with PCOD are navigating a complex landscape every day.

This book, "Balancing Act: Managing PCOD in the Modern Workplace," is born out of a desire to address this critical intersection of health and career. It aims to provide a comprehensive guide that not only sheds light on the challenges of living with PCOD but also offers practical solutions for managing these challenges in the context of a demanding work environment.

Topic of Interest

- Chapter 1: The PCOD Work Connection
- Chapter 2: Stress in the Modern Workplace
- Chapter 3: Symptom Management in the Office
- Chapter 4: Time Management and Productivity
- Chapter 5: Nutrition and Work-Life Balance
- Chapter 6: Exercise and Movement
- Chapter 7: Mental Health and Workplace Resilience
- Chapter 8: Navigating Career Growth and PCOD
- Chapter 9: The Future of Work and Women's Health
- Chapter 10: Personal Narratives and Case Studies
- Chapter 11: The Role of Leadership and Management
- Chapter 12: Navigating Work Transitions
- Chapter 13: The Intersection of Work, Stress, and Hormones
- Chapter 14: Navigating Workplace Stigma and Disclosure
- Chapter 15: Technology and PCOD Management
- Chapter 16: Building a Sustainable Career with PCOD
- Chapter 17: Global Perspectives on PCOD and Work
- Chapter 18: Conquering PCOD: Strategies for Overcoming Challenges.

Editors

Dr. Ravindra Mishra
 Associate Professor
 ShriRam College of Pharmacy,
 Banmore, Morera, Madhya Pradesh, India, 476444

Dr. Vinay Jain
 Professor & Principal
 ShriRam College of Pharmacy,
 Banmore, Morera, Madhya Pradesh, India, 476444

Authors are requested to submit their original work on: mishraravindra1412@gmail.com, Chapters that are written should be plagiarism free.

Important Dates:
 Abstract Submission Date: 20th Jan. 2025 | Full Chapter Submission: 15th Feb. 2025
 Accepted/Rejection: 15th Jan. 2025 | Review by Editor: 15th Mar. 2025

There are no processing/ publication charges

Congratulations ! to Miss Lata Sisodiya, Dr.Vinay Jain, Dr.Pankaj Sharma & Deepesh Parashar for publication of research article on Evaluation of Antioxidant, Antimicrobial and Anti fungal activity of Nelumbo Nucifera in "Frontiers in Health Informatics" (Scopus indexed).

Frontiers in Health Informatics ISSN-Online: www.healthinformaticsjournal.com
 2676-7164

2024, Vol. 1, Issue 2 Open Access

Estimation of Antioxidant, Antimicrobial and Antifungal Activity of Nelumbo Nucifera

Lata Sisodiya¹, Dr. Vinay Jain², Dr. Pankaj Sharma³ and Deepesh Parashar⁴
¹Assistant Professor, Department of Pharmaceutics, ShriRam College of Pharmacy, Morera, M.P., India
²Principal & Professor, Department of Pharmaceutics, ShriRam College of Pharmacy, Morera, M.P., India
³Professor, Department of Pharmaceutics, ShriRam College of Pharmacy, Morera, M.P., India
⁴Professor, Department of Pharmacy, Arity University, Gwalior, M.P., India
¹lata1412@gmail.com, ²vin77@gmail.com, ³pankajsharma223@gmail.com, ⁴deepeshparashar8@gmail.com
 *Corresponding Author: Lata Sisodiya

Cite this paper as: Lata Sisodiya, Vinay Jain, Pankaj Sharma and Deepesh Parashar (2024), Estimation of Antioxidant, Antimicrobial and Antifungal Activity of Nelumbo Nucifera, *Frontiers in Health Informatics*, 1(3), 4383-4394.

ABSTRACT
Background: This study's goal was to conduct preliminary phytochemical screening, physicochemical screening, determine the total quantity of flavonoids and phenols, and antioxidant activity (by DPPH), PRA antimicrobial activity (by disk diffusion method), MIC and antifungal activity (by Inhibition, MIC).

Material and methods: Phytochemical and physicochemical screening of *Nelumbo nucifera*, testing of TPC, TPC in extract. Antioxidant activity was determined using the DPPH method and possible reducing activity. Antifungal effect was observed determined utilizing the disk diffusion procedure and MIC. and Antifungal activity was determined using of inoculation method and MIC.

Results: TPC extract was determined at the level of 23.12 ± 3.58 mg/g, while TPC extract was determined at the level of 34.23 ± 4.84 mg/g. The DPPH activity test shows IC50 34.03342 μg, reducing power assay was determined at the level of 2.92 ± 0.05. The disk diffusion method shows zone of inhibition was 1.5 mm and 1.2 mm and MIC was shown in 100mg/ml and the inoculum shows zone of inhibition was 11mm and 10.7 mm, and ADPC was shown in 100mg/ml.

Conclusion: It was observed that *Nelumbo nucifera*'s methanolic extract has an antioxidant, antimicrobial and antifungal characteristics.

Keywords – Green price, green advertisement, green processed value, environmental knowledge, green purchase intention

INTRODUCTION
 China and India have used the perennial water plant *Nelumbo nucifera* Gaertn. (Nymphaeaceae) as a medicinal herb. For more than 400 years, it has been recorded. Substance that inhibits the oxidation of other molecules d in China's most famous medical text. Traditional medicine studies use of the plant's leaves, seeds, Mucosa, and rhizome, among other parts. Sore throat, chest pain, spermatorrhea, xanthops, varicella, encephitis, respiratory infection, vomiting blood, nosebleed, coughing up blood, blood in urine, metrorrhagia, bleeding between menstrual periods, high levels of fat in the blood, high body temperature, a severe gastrointestinal infection, liver disease, and excessive thirst belongs to the ailments that ancient medicine has found to benefit from the use of different plant parts. Following traditional claims of *N. nucifera*'s medical properties, researchers have

Congratulations to our M.Pharm Student Mr Harendra Gaur under the supervision of Prof. Ravindra Mishra & Dr.Vinay Jain for publishing a research article on Diuretic effect of Hydro alcoholic extract of allium sativum & ocimum bacillicum and its Phytochemical studies in "Frontiers in Health Informatics" (Scopus indexed)

THE SHRIRAM BULLETIN

Monthly News Letter
EDITION: NOV-2024

"Empowering future tech leaders"!

A glimpse of the 5-day workshop on Data Analytics using Python for CSE/AIDSE students, conducted by Mr. Nilesh Somkule Coding Thinker at Shriram Institute of Information Technology. It was coordinated by Prof. Sandeep Sharma and organized by the CSE Department. Around 58 Students Participated in it. Congratulations to team CSE Department and their HOD.

SRIIT SHRIRAM INSTITUTE OF INFORMATION TECHNOLOGY
National Expressway, A.B. Road, Banmore Near Gwalior (M.P.)

Highlights of Industrial Visit

Supreme[®]
People who know plastics best
The Supreme Industries Limited
Malanpur, Gwalior, (M.P.)



Organised by: *Shriram Industry Interaction Cell*
for B.Tech ECE & ME Students

9109035202, 9755265202

www.shriraminstitute.ac.in

"Showcasing creativity and talent"

A successful Talent Show was conducted for the students of CSE 1st Semester at Shriram Institute of Information Technology. It was conducted by Prof. Alka Chaturvedi and organized by the Basic Science & Humanities Department. Around 95 students participated in it to boost their level of confidence and shed away their fears, showcasing creativity and talent!

SRIIT

SHRIRAM INSTITUTE OF INFORMATION TECHNOLOGY
National Expressway, A.B. Road, Banmore Near Gwalior (M.P.)

Glimpses of

5 Days Workshop

on Data Analytics using Python
for CSE/AIDSE Students

Trainer- Mr. Nilesh Somkule



Organised By: CSE Department

9109035202, 9755265202

www.shriraminstitute.ac.in

INDUSTRIAL VISIT

"An insightful industrial visit to The Supreme Industries Limited, Malanpur, organized for B.Tech ECE & ME students by Shriram Institute of Information Technology. A valuable experience connecting academics with real-world industry practices. It was coordinated by Prof. Goldy Dhawan, SRIIC Head. Around 46 Students and four faculties participated in it. .

Glimpses of

Talent Show Activity

CSE 1st Sem Students



Organised By- Basic Science & Humanities Department.

9109035202, 9755265202

www.shriraminstitute.ac.in

THE SHRIRAM
BULLETIN
Monthly News Letter
EDITION: NOV-2024

parichay 2k24

Introduction party of pharmacy fresher students batch -2024 -25 An IP for fresher of Pharmacy was organised by the second Semester students. "New beginnings, new friendships, and new memories! Let's make this journey unforgettable!" Many games, fun activities and thrilling performances captured the attention of the audience.



THE SHRIRAM BULLETIN

Monthly News Letter
EDITION: NOV-2024

Congratulations

Celebrating the success of Shikha Rathore, BBA Third Year student at Shriram Institute of Professional Studies, on securing a package of 6 LPA with Krutanic Solutions! Proud moment for SRIPS!

Celebrating the success of Shivam Sharma, AIDSE Final Year student at Shriram Institute of Information & Techonology, on securing a package of 6 LPA with Krutanic Solutions! Proud moment for SRIIT!

Congratulations team Training & Placement Department.

www.shriraminstitute.ac.in

SHRIRAM INSTITUTE OF PROFESSIONAL STUDIES
National Expressway, A.B. Road, Banmore Near Gwalior (M.P.)

Congratulations

Shikha Rathore
BBA Third Year

Selected in
KRUTANIC SOLUTIONS

Package
6 LPA

Powered By:-
T&P Cell, SRIPS

9109035202, 9755265202

www.shriraminstitute.ac.in

SRIIT SHRIRAM INSTITUTE OF INFORMATION TECHNOLOGY
National Expressway, A.B. Road, Banmore Near Gwalior (M.P.)

Congratulations

Shivam Sharma
Branch: AI & DS

Selected in
KRUTANIC SOLUTIONS

Package
6 LPA

Powered By:-
T&P Cell, SRIIT

9109035202, 9755265202

THE SHRIRAM
BULLETIN
Monthly News Letter
EDITION: NOV-2024

TEAM NEWS LETTER

Advisor: Ms. Shivangi Sharma, Executive Director, SRGOC

E-Newsletter Incharge: Mr. Rohit Batra, Manager: HR & CRC, SRGOC,
Banmore

Editorial Board Team

1. Prof. Sarvesh Bhargava, Dean Academics. SRCP
2. Ms. Alka Chaturvedi, Dean Training & Development SRGOC, Banmore
3. Mr. Sandeep Sharma, (Asst. HOD), Asst. Prof, SRIIT, Banmore
4. Prof. Ankita Verma, Asst. Prof, SRCP, Banmore

THANK YOU!